

Information on the Long-Term Care Insurance System

About the Long-Term Care Insurance System

The Long-Term Care Insurance System is a program in which everyone supports the lives of elderly people.

- ① Foreigners aged 40 or older who have lived in Japan for more than three months are, in principle, required to enroll in the Long-Term Care Insurance System and pay long-term care insurance premiums in the same way as Japanese nationals.
- ② No enrollment procedures are required. Enrollment is automatic upon reaching the age of 40.
- ③ Individuals aged 65 or older can utilize long-term care services such as day services (functional training including meals and bathing at a facility) or facility-based care (residential care services at a facility) at a low cost.
- ※ In some cases (e.g., terminal cancer), eligibility may begin at age 40.
- ④ To utilize long-term care services, a long-term care certification procedure is required.

Be sure to pay your long-term care insurance premiums.

- ① Long-term care insurance premiums are paid by those enrolled in the long-term care insurance system and are used to cover part of the costs associated with long-term care (the money paid for receiving care through long-term care insurance services) for those deemed to require care.
- ② Paying long-term care insurance premiums reduces the amount you must pay when using long-term care insurance services.
- ③ Please be sure to pay your long-term care insurance premiums by the specified deadline.
- ④ If you do not pay long-term care insurance premiums, there will be restrictions when using long-term care insurance services. Additionally, if payment is further delayed, asset investigations or seizures may be conducted.
- ⑤ Long-term care insurance premiums vary depending on income. Even those without income are required to pay premiums.
- ⑥ The method of payment for long-term care insurance premiums varies by age.

【Ages 40 to 64】

The premium will be collected together with your health insurance premiums.

※ If you pay health insurance premiums, you do not need to pay long-term care insurance premiums separately.

【Those aged 65 and older】

Except for those whose premiums are deducted from their pensions, please pay long-term care insurance premiums using the payment slip sent by the Long-Term Care Insurance Section.

If you have any questions, please contact us.

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