

Notification to resume attendance at School/Nursery/Childcare Center regarding Influenza and Novel coronavirus infection

Submission to: _____ School / Nursery / Childcare Center

School Grade: _____ Class: _____ Child / Student Name: _____

※ **Request to the member medical institution of Adachi City Medical Association**

If the patient is diagnosed with influenza or novel coronavirus infection, please cooperate to fill in the bold frame area (to be treated free of document fee).

※ If you did not bring the form with you or a medical institution you visited is not a member of the Adachi Medical Association, a parent /guardian is requested to fill in the bold frame area.

Diagnosis (Place a circle○ around the applicable item.)	Influenza (A type · B type · Unknown)
	Novel coronavirus infection
Name of medical institution diagnosed (Rubber stamp acceptable in case being filled in by the medical institution.)	
Date when you visited doctor	Year: _____ Month: _____ Day: _____ (Day of week: _____)
Date of onset ※In case of influenza, the day the fever started. ※In case of no symptoms of coronavirus, the day of the virus test.	Year: _____ Month: _____ Day: _____ (Day of week: _____)

Days since onset	Day 0 (Date of onset)	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Month/Day	/	/	/	/	/	/	/	/	/
Max. body temperature of the day									
Day when the fever returned to normal. Day when symptoms were relieved. (place mark ○)									

※Check the reference on the back side, "Criteria for period of suspension of attendance," and If you meet the criteria, put the check ☒ in the box below.

【Influenza】

- ☐ Five days have passed after the onset of symptoms.
☐ 2 days (3 days for infants) have passed after the fever returned to normal.

【Novel coronavirus infection】


- ☐ Five days have passed after the onset of symptoms (If no symptoms, after the day of the virus test).
☐ One day has passed after the relief of symptoms.

Since the above two criteria are met and we are in a condition that there are no obstacles to group life, my child will resume school attendance from; Year: _____ Month: _____ Day : _____

Name of Parent/Guardian (signature of yourself) : _____

Adachi Board of Education and Adachi Medical Association have already discussed the matter.(Effective June, 2023)

【Criteria for period of suspension of attendance due to influenza】

- School attendance is suspended until **five days have passed after the onset of symptoms** and **2 days (3 days for infants) after the fever returned to normal**.
- The shaded area  means the days of suspension of attendance.

School・Childcare Ctr.		Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
	e.g. 1	Fever	Fever	Fever returns to normal	Day 1 after fever returns to normal	Day 2 after fever returns to normal		Can resume attending school		
	e.g. 2	Fever	Fever	Fever	Fever returns to normal	Day 1 after fever returns to normal	Day 2 after fever returns to normal	Can resume attending school		
	e.g. 3	Fever	Fever	Fever	Fever	Fever returns to normal	Day 1 after fever returns to normal	Day 2 after fever returns to normal	Can resume attending school	

Preschool Facilities		Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
	e.g. 1	Fever	Fever	Fever returns to normal	Day 1 after fever returns to normal	Day 2 after fever returns to normal	Day 3 after fever returns to normal	Can resume attending nursery, etc.		
	e.g. 2	Fever	Fever	Fever	Fever returns to normal	Day 1 after fever returns to normal	Day 2 after fever returns to normal	Day 3 after fever returns to normal	Can resume attending nursery, etc.	
	e.g. 3	Fever	Fever	Fever	Fever	Fever returns to normal	Day 1 after fever returns to normal	Day 2 after fever returns to normal	Day 3 after fever returns to normal	Can resume attending nursery, etc.

Preschool facilities: Kindergarten / Accredited Kodomoen / Approved Nursery School / Small Scale Childcare Facility / Certified Nursery School / Home-like Childcare

※If respiratory symptoms (cough, runny nose, etc.) persist even after the fever returns to normal, please see your doctor before going to school, nursery, or childcare center.

【Entry example】Influenza ※For e.g. 1: can resume on Feb. 7. For e.g. 2: on Feb. 7 for schools and after-school childcare centers and on Feb. 8 for preschool facilities.


Days since onset	Day 0 (date of onset)	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Month/Day	2/1	2/2	2/3	2/4	2/5	2/6	2/7	2/8	/
Max. temperature of the day	38.6	37.9	37.8	36.5	36.2	36.2	36.5	36.4	
Day when the fever returned to normal. Day when symptoms were relieved. (place mark ○)			○ e.g.1	○ e.g.2					

e.g.1 On 2/3, had a fever in the morning, but returned to normal in the afternoon.

e.g.2 On 2/3, had a fever until going to bed, but on 2/4, woke up to find the fever returning to normal and no fever since

Note! Please place ○ mark only for the day the fever returned to normal. (It will be either e.g.1 or e.g.2).

【Criteria for period of suspension of attendance due to novel coronavirus infection】

- School attendance is suspended until **five days have passed after the onset of symptoms** and until **1 day has passed after the relief of symptoms**.
- If no symptoms, until 5 days have passed from the date of the test.
- The shaded area  means the days of suspension of attendance.

	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
e.g. 1	Onset	Symptoms continue.	Symptoms continue.	Symptoms relieved.	Day 1 after relief of symptoms		Can resume attending school, etc.		
e.g. 2	Onset	Symptoms continue.	Symptoms continue.	Symptoms continue.	Symptoms continue.	Symptoms relieved.	Day 1 after relief of symptoms	Can resume attending school, etc.	
e.g. 3	No symptoms Test positive	No symptoms	No symptoms	No symptoms	No symptoms	No symptoms	Can resume attending school, etc.		

※If you had no symptoms but the test found positive and later developed symptoms, please visit a medical institution again and consult about attending school/nursery/childcare center.

[Entry example] Novel Coronavirus Infection ※For e.g.1: can resume on Feb. 7. For e.g. 2: can resume on Feb. 8.

Days since onset	Day 0 (date of onset)	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Month/Day	2/1	2/2	2/3	2/4	2/5	2/6	2/7	2/8	/
Max. temperature of the day	37.6	37.7	36.5	36.6	36.4	36.5	36.3	36.4	
Day when the fever returned to normal. Day when symptoms were relieved. (Place mark ○)				○ e.g.1		○ e.g.2		<div>Note! Please place ○ mark only for the day the symptoms were relieved.</div>	

Place ○ mark on the day when the main symptoms
(not just fever but also cough, runny nose, sore throat,
etc.) were relieved.