

## Guide to subsidy for the expense of pneumococcal vaccination for the elderly

【Please make sure to read the guide before vaccination.】

This vaccination is available only if the person wishes to be vaccinated. Vaccination is not mandatory. In principle, those who do not wish to be vaccinated do not need to be vaccinated.

**This is the only opportunity to receive the subsidy for a routine vaccination.**

**Eligible person:** Persons who are registered residents in Adachi City as of the vaccination date, who fall under the following categories, and who are receiving the 23-valent pneumococcal vaccine for the first time.

- ① 65 years old person  
(The period of implementation is from the day before the 65th birthday to the day before the 66th birthday.)
- ② A person who is older than or equal to 60 and less than 65 years old with the disability in heart, kidney and respiratory organ, or has the immune system disorder due to Human Immunodeficiency Virus. (corresponding to the level 1 of physical disability certificate)

**Even if this guide has been delivered, those who have got vaccinated in the past with 23-valent pneumococcal vaccine (including those who got vaccinated for all the cost at own expense) are not the target of the routine vaccination, and cannot use a vaccination screening questionnaire for inoculation. If you wish to get vaccinated again, please pay the amount set by a medical institution.**

### **Fees: Free charge**

- ※ This is a routine vaccination that you can usually receive by paying a co-payment of 4,000 yen using the enclosed vaccination screening questionnaire. but you can receive it at no charge due to the subsidy by Adachi City.
- ※ In the case that you do not use the screening questionnaire and receive the vaccination at your own expense for the full cost, the amount will be determined by each medical institution.

**Vaccine:** 23-valent Pneumococcal Polysaccharide Vaccine

**Vaccination Sites:** Refer to the separate sheet, “List of the designated medical institution for pneumococcal vaccination for the elderly”.

- ※ You can get vaccinated at any designated medical institution in any of the 23 cities in Tokyo. If you wish to get vaccinated in the city other than Adachi, confirm in advance that the institution you plan to be treated at is a designated one in the said city.

**Method of Vaccination:** Fill in the columns framed with a broad line of “Screening questionnaire for pneumococcal vaccination for the elderly” and bring it to the designated medical institution on the day.

- ※ In cases where the person who is to be vaccinated is unable to sign the request form due to the reasons including paralysis or difficulty in accurately confirming own intention, it is necessary for the family or family doctor to carefully confirm the person's intention before deciding on the indications for vaccination. (If final confirmation cannot be made, vaccination based on the Immunization Act cannot be performed.)
- ※ Please keep carefully the copy of screening questionnaire for your own health record.

## **[Instructions for the pneumococcal vaccination for the elderly]**

### **❖ Effect of pneumococcal vaccine**

Pneumococcal vaccine is the vaccine to prevent the pneumonia caused by pneumococcus. Pneumococcus is one of the bacteria that causes the diseases such as pneumonia, bronchitis, sepsis and meningitis, and it is said that the 20 to 40% of pneumonia of the elderly are caused by pneumococcus. The pneumococcal vaccine is expected to have efficacy in about 70% of infectious diseases caused by pneumococcus. It will take about one month on average to have the immunity (antibody) after receiving vaccination.

### **❖ Before vaccination**

#### **(1) General precautions**

Please read this guide carefully, and understand the necessity and side reactions. If you have any concern or unclear matters, please consult the doctor or nurse before you get vaccination. If you cannot understand fully, please do not get vaccination. The screening questionnaire is an important information for the doctor to decide the adaptability of vaccination. The screening questionnaire must be filled out by the person who will get vaccinated with responsibility and provide the correct information to the doctor. However, the vaccination is not mandatory, and the vaccination will be provided only if the person wishes.

#### **(2) Person who cannot get a vaccination**

- ① Person who clearly has a fever (usually, when it exceeds 37.5°C.)
- ② Person who obviously has serious acute illness  
As a general rule, a person who is acutely ill and need to take medication should not be vaccinated on that day as they may not be able to detect any subsequent changes in their illness.
- ③ Person who has clearly suffered anaphylaxis due to an ingredient in the pneumococcal vaccine.  
"Anaphylaxis" is a severe allergic reaction that usually occurs within about 30 minutes after vaccination.
- ④ Other cases in which the doctor determines that the condition is inappropriate:  
Even if a person does not fall under the categories ① to ③ mentioned above, if the doctor determines the vaccination is not appropriate, he/she cannot get vaccination.

#### **(3) Person who must consult your family doctor before vaccination.**

- ① Person who obviously has the underlying diseases such as cardiovascular, kidney, liver or blood disorders.
- ② Person who has seen side reactions such as fever by vaccination.
- ③ Person who has a history of convulsion in the past.
- ④ Person who has been diagnosed with immunodeficiency in the past, and the person who has a close relative with congenital immunodeficiency.

### **❖ Precautions after vaccination**

- (1) The acute side reactions may occur during the first 30 minutes after receiving vaccination. Be prepared to be able to contact the doctor or medical institution immediately.
- (2) You can take a bath on the day of vaccination, but do not rub the injected area strongly. You can continue your normal routine, but avoid strenuous exercise and heavy drinking.

### **❖ Side reactions of pneumococcal vaccine**

The injected part of vaccination might become reddish, swollen and aching, and you may develop a fever, chill, headache and lassitude, but it will be cured usually in a few days. If these symptoms become severe or prolonged, please take an examination by doctor (medical institution).

### **❖ Inquiries ❖**

**Inquiry Call Adachi 03-3880-0039**

From 8:00 a.m. to 8:00 p.m. (every day except during January 1st to 3rd)